

# Adult Camp

## With Phoenix Equine Services

301-512-8708

jessi@phoenixequineservices.com

### ADULT DAY CAMP REGISTRATION FORM



### Rider Information

Rider's Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_  
Email: \_\_\_\_\_

RIDING EXPERIENCE (please circle): NONE WALK TROT/JOG CANTER/LOPE JUMP

#### EMERGENCY CONTACT INFORMATION:

1) Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
2) Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Type of Entry (Check one box and note topics interested in signing up for)

Full Entry (\$400 Includes all basic activities and FOUR additional activities - Please list top six activities you are interested in below in order of interest. We may not be able to accommodate all choices depending on lectures schedule, assignments of topics will be based on order of interest)

1. \_\_\_\_\_ 4. \_\_\_\_\_  
2. \_\_\_\_\_ 5. \_\_\_\_\_  
3. \_\_\_\_\_ 6. \_\_\_\_\_

Basic Entry (\$350 includes all basic activities and THREE additional activities - Please list top five activities you are interested in below in order of interest. We may not be able to accommodate all choices depending on lectures schedule, assignment of topics will be based on order of interest)

1. \_\_\_\_\_ 4. \_\_\_\_\_  
2. \_\_\_\_\_ 5. \_\_\_\_\_  
3. \_\_\_\_\_

Non- Riding Entry (Includes all the NON RIDING lectures)

While the base activities are **included** in all the entries, and all the non-riding activities are **included** in the non-riding entry, please note if there are any activities you know you WON'T be able to attend so that we can plan our days appropriately. **\*\*Full List of Activities on Next Page\*\***

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# Activities Page

## Base Activities included in ALL entries

**May 30**

### **Friday night Meet and Greet 6pm - 8 pm**

Join us Friday night for some wine, cheese and company as we meet everyone participating in the camp!

**May 31**

### **Saturday night Fireside Chat with Lisa Weiss 5pm - 7pm**

We are so excited to offer this at camp this year! Lisa owns BEAU Equestrian Mental Wellness LLC, a business that combines a passion for horses with the expertise of a mental health therapist, creating a space for equestrians to focus on well-being. While her talk with us will focus on anxiety surrounded around our riding and our riding goals, this two hour seminar will allow us to open the floor for all topics surrounding mental health and horses, including things like PTSD from falls, show nerves, and trauma.

**June 1**

### **Sunday Brunch and Craft 11 am - 1 pm**

To wrap up our weekend we will have a little fun with mimosa's and a craft! We will all be sad to leave camp, but we will have a keepsake to always remember our time!

## Additional Activities

*Choose any THREE Activities for a basic Entry*

*Choose any FOUR Activities for a Full Entry*

*NOTE - All Activities are 90 minutes. We will do our best to schedule activities so that everyone is able to do everything that they want. But please list in order of interest on entry. In the event that we are unable to accommodate the top activities, we will contact you.*

### **RIDING ACTIVITES**

#### **Cavaletti Lesson with Jessi Werner**

Poles and Cavalettis are essential for developing your horses core and balance as well as developing timing and balance as a rider. Join us for a 90 min deep dive into the world of pole work and cavalettis!

#### **Dressage 101 with Jessi Werner**

Circles, circles, more circles! Ever wonder what the judge is looking for to award you that elusive "9" on your dressage test? Join us as we first talk through riding a dressage test on the ground, and then attempt to perfect our test riding while mounted!

#### **Gridwork with Jessi Werner**

Moving up from poles, focusing on grids is an excellent way to develop rhythm and and timing over fences. No matter what height, a grid will help both horse and rider

#### **Planning your Course with Jessi Werner**

As we begin to add jumps to our repertoire, really breaking down a course of jumps takes practice. The first part of this lesson will happen on the ground as we learn how to walk our courses on foot and talk about developing a plan for our ride. We will then mount and try to execute our plans, assess if they were successful, and re-plan as necessary.

### **NON-RIDING ACTIVITES**

#### **Massage 101 With Majia Luttinger**

As we work our horses we will notice soreness, tension and resistance. Horses get sore muscles just like people do! Majia will help you learn some easy at-home techniques for helping your horse stay comfortable and loose.

#### **Equine Dentistry with Mark Powell**

You would be amazed the difference a healthy mouth makes! So much goes on that we cannot see! Join us to uncover the mystery of the equine mouth and the importance of dental work with your horse!

#### **Equine Nutrition with Rusty Suher**

Ever wonder what goes into the decision about what to feed your horse? Purina Representative, Rusty Suher will give us a crash course on equine nutrition and proper feeding for our four legged friends.

#### **Trimming and Shoeing with Nick Vidal**

Our farrier, Jason will be joining us to talk about shoeing, trimming, reasonings behind choices made in regards to your horses hooves and how to make the decision on what your horse needs!

# *Assumption of Risk And Liability Waiver*

1. I UNDERSTAND THAT THE ACTIVITY OF HORSEBACK RIDING INVOLVES NUMEROUS RISKS OF INJURY THAT ARE MY OWN RESPONSIBILITY, AND I ASSUME THESE RISKS, including loss of control, collisions, obstacles, whether they are obvious or not obvious. I and/or my family further understand that a horse, irrespective of its training and usual past behavior and characteristics, may act or react unpredictably at times, based upon instinct or fright, which is an inherent risk to be assumed by each participant in the riding activity. (Please initial to show you understand and agree\_\_\_\_\_.)

2. I UNDERSTAND THAT I MAY ENCOUNTER VARIATIONS IN TERRAIN THAT ARE MY RESPONSIBILITY AND I ASSUME THESE RISKS, including creeks, water, bridges, traveled roads, wild animals, bees, wasps, loose dogs, debris, rocks, cliffs, vegetative growth, and other obstacles, whether they are obvious, manmade or natural. (Please initial to show that you understand and agree\_\_\_\_\_.)

3. I UNDERSTAND THAT HORSES ARE UNPREDICTABLE AND THAT THE RISK OF INJURY IS INHERENT IN THIS ACTIVITY. I AGREE TO ASSUME THE RISK OF INJURY OR DEATH CAUSED BY HORSEBACK RIDING REGARDLESS OF MY LEVEL OF RIDING SKILLS. (Please initial to show that you understand and agree\_\_\_\_\_.)

4. I AGREE THAT in consideration of Phoenix Equine Services (“Phoenix”) and Jessica N. Werner (“Werner”) allowing my participation in this activity and providing lessons, training or other services in connection therewith, under the terms set forth herein, I the rider, for myself and on behalf of my child and/or legal ward, heirs, administrators, personal representatives or assigns, do agree to release, defend, indemnify, hold harmless and discharge Phoenix and Werner, its owners, agents, employees, officers, directors, representatives, successors, assigns, members, the owner of the premises where the activity takes place, owners of premises and trails, affiliated organizations, insurers, and others acting on their behalf (hereinafter “Associates”), of and from all claims, demands, causes of action and legal liability, whether the same be known or unknown, anticipated or unanticipated, due to any and all alleged negligence on the part of Phoenix and Werner and/or its Associates, and I do further agree that I shall not bring any claims, demands, legal actions and causes of action against Phoenix and Werner and its Associates as stated above in this clause, for any economic and non-economic losses due to bodily injury, death, property damage, sustained by me and/or my minor child and/or legal ward in relation to the premises and operations of Phoenix and Werner, to include while riding, handling, or otherwise being near horses owned by or in the care, custody and control of Phoenix and Werner, whether on or off the premises of Phoenix and Werner or Associates (Please initial to show that you understand and agree\_\_\_\_\_.)

5. I understand that Phoenix and Werner do not own 2151 Brintons Bridge Rd, also known as Kasowski Horse Farm. I further understand that Phoenix and/or Werner are tenants of Kasowski Horse Farm as owned by Robert and Elaine Kasowski. I hereby further agree on behalf of myself and on behalf of any of my children and/or legal wards, heirs, administrators, personal representatives or assigns to release, defend, indemnify, hold harmless and discharge the Kasowskis specifically as the owners of 2151 Brintons Bridge Rd from all claims, demands, demands, causes of action and legal liability, whether the same be known or unknown, anticipated or unanticipated, for any economic and non-economic losses due to bodily injury, death, property damage, sustained by me and/or by any minor child and/or legal ward in relation to 2151 Brintons Bridge Rd, to include while riding, handling or otherwise being near horses owned by or in the care or custody of Phoenix and Werner, whether on or off 2151 Brintons Bridge Rd. (Please initial to show that you understand and agree\_\_\_\_\_.)

6. IF RIDER OR PARTICIPANT IS A MINOR, THIS AGREEMENT MUST BE SIGNED BY A PARENT OR GUARDIAN. IF A SIGNATURE APPEARS BELOW ON THE SIGNATURE LINE FOR PARENT/GUARDIAN SIGNATURE, THE SIGNOR CERTIFIES THAT HE/SHE IS THE LEGAL PARENT OR GUARDIAN OF THE RIDER AND FURTHER AGREES TO DEFEND, INDEMNIFY AND HOLD HARMLESS PHOENIX AND WERNER AND ASSOCIATES WITH REGARD TO ANY AND ALL CLAIMS BY THE MINOR RIDER FOR INJURY, PROPERTY DAMAGE AND DEATH THAT MAY ARISE OUT OF PARTICIPATION IN THIS ACTIVITY AND ANY AND ALL ALLEGATIONS THAT CONDUCT ON THE PART OF PHOENIX AND/OR WERNER OR ASSOCIATES CAUSED OR CONTRIBUTED TO SUCH CLAIM. (Please initial to show that you understand and agree\_\_\_\_\_.)

7. THIS AGREEMENT SHALL BE LEGALLY BINDING UPON ME, MY HEIRS, MY ESTATE, ASSIGNS, LEGAL GUARDIANS, AND MY PERSONAL REPRESENTATIVES. THIS RELEASE SHALL BE VALID FOR THIS DATE AND ALL FUTURE DATES. (Please initial to show that you understand and agree\_\_\_\_\_.)

8. I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT I AM RELEASING CERTAIN LEGAL RIGHTS THAT I OTHERWISE MAY HAVE, AND SIGN IT OF MY OWN FREE WILL. (Please initial to show that you understand and agree\_\_\_\_\_.)

\_\_\_\_\_  
Signature of Rider

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Emergency Contact Information (Name and Phone)

## *Photography Clause*

For your information, throughout camp Supervisors Jessi Werner or Christine Hartpence may take pictures and/or videos of campers and camp activities for promotional purposes. Please check statement that applies:

I recognize images of me will be obtained during camp and I permit Phoenix Equine Services to use images for promotional purposes including social media, advertising and on the website.

Please refrain from using images of me for promotional purposes including but not limited to social media, advertising and on the website.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_